THE FRIDAY 15 ACTION SHEET



BEST
WHAT IS THE BEST THING THAT HAS HAPPENED THIS WEEK?
WHY?
WHAT HAVE YOU LEARNT?
HOW DO YOU DO MORE OF IT NEXT WEEK?
MOST CHALLENGING
WHAT IS THE MOST CHALLENGING THING THAT HAS HAPPENED THIS WEEK
WHY?
WHAT HAVE YOU LEARNT?
HOW DO YOU REDUCE THE LIKELIHOOD OF IT HAPPENING AGAIN?
NEXT
WHAT IS YOUR NUMBER 1 FOCUS FOR NEXT WEEK?

WHEN? (HAVE YOU ALLOCATED TIME TO DO IT?)