SMUUT GOALS ACTION SHEET



WHAT IS YOUR ONE SMUUT GOAL?
1.
WHAT ARE YOUR 3 (INITIAL) SUB OR MILESTONE GOALS?
1.
2.
3.
WHAT ARE YOUR 6 (INITIAL) ACTIONS TO MOVE YOU IN THE DIRECTION OF YOUR SMUUT GOAL?
1.
2.
3.
4.
5.
6.