

## MIND CLEANSE

DAILY MIND CLEANSE		

HIGH VALUE ITEMS		
DO TODAY	SCHEDULE	
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## **MIND CLEANSE- EXAMPLES**

DAILY MIND CLEANSE		
CONTACT CLIENT X		
WRITE CLIENT PROPOSAL		
BOOK RESTAURANT FOR FAMILY DINNER		
WRITE QUARTERLY REPORT		

HIGH VALUE ITEMS		
DO TODAY	SCHEDULE	
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	<b>√</b>	
<b>✓</b>		
	<b>✓</b>	